



Have Your Say

Draft Personal Training Policy and Permit System



Background

Yarra City Council has developed a draft Personal Training Policy and Permit System to assist in managing commercial fitness activities in local parks and gardens, so that parks can be enjoyed by the whole community.

The need for a policy was identified in response to issues arising from the growing number of commercial operators using local parks and gardens for personal training and group fitness sessions.

The aim of the Personal Training Policy will be to establish a framework to ensure parks and gardens are available for everyone by making sure commercial training activities are conducted in a manner that minimises their impact on the municipality's parks and amenities.

This is to be achieved whilst also allowing personal trainers to operate within a fair and affordable framework so that physical activity continues to be promoted and the benefits received by local residents.

The Policy will also enable Council to work together with these trainers and build relationships, similar to the way we work with local sports clubs who use our park pavilions.

The draft Personal Training Policy and accompanying permit system has been designed to:

- Establish a framework for the management of personal training activities within Council's network of open spaces.

- Identify areas within the City of Yarra's open space network that are suitable and sustainable for personal training activities.
- Establish a set of permits to manage personal training activities within Council's parks and reserves.
- Enable Council to work in partnership with personal trainers going forward.
- Allow Council to monitor and regulate activities within its parks and adjust usage to prevent over usage.
- Promote and facilitate physical activity within the municipality.
- Address the concerns voiced from many local residents in relation to inappropriate use of local parks and gardens.

How the Policy will work

The Personal Training Policy will apply to all individuals and groups that intend to conduct personal training activities in the City of Yarra's parks and gardens.

It is proposed that commercial fitness activities are restricted to the parks listed in the table on the following page.

To enforce the Policy, Council is proposing a permit system in which all personal trainers would be required to obtain a permit from Council before conducting activities within Yarra's parks.

This system would allow Council to regularly carry out spot checks and ensure the personal training activities are conducted within the conditions of each permit.

How to Have Your Say

A full version of the draft Personal Fitness Policy is available to view at:

- The Richmond Town Hall
333 Bridge Road, Richmond
- The Collingwood Town Hall
140 Hoddle Street, Abbotsford
- Online at www.yarracity.vic.gov.au/consultation

You can have your say by:

- Completing the feedback form and sending it to: Caitlin Ryan
Sports Development Officer
City of Yarra
PO Box 168
Richmond VIC 3121
- Sending your own written submission to PO Box 168, Richmond, VIC 3121.
- Emailing your written submission to Caitlin Ryan, Sports Development Officer at caitlin.ryan@yarracity.vic.gov.au.

Submissions must be received by **Friday, 31 October 2008**. For further information, please contact **Caitlin Ryan** on **9205 5555**.

Proposed Permit System



In the proposed permit system, commercial training activity has been split into the following three categories:

Category A

- For training groups of up to **two** people per session
- Length of each permit: **six months**
- Proposed cost of each permit: **\$200**
- Maximum of **four** sessions per week allowed per permit
- Maximum of either **four or six** permits per season (depending on the park)

Category B

- For training groups of up to **six** people per session
- Length of each permit: **six months**
- Proposed cost of each permit: **\$600**
- Maximum of **four** sessions per week allowed per permit
- Maximum of either **two or three** permits per season (depending on the park)

Category C

- For training groups of up to **15** people per session
- Length of each permit: **six months**
- Proposed cost of each permit: **\$1000**
- Maximum of **one** session per week allowed per permit
- Maximum of **two** permits per season

The following table lists the parks in which Council proposes to allow personal training activities to take place, and the proposed maximum number of permits to be issued for each park.

PARK	SUBURB	PARK CATEGORY	Category A	Category B	Category C
			Maximum number of permits per season		
Fairfield Park	Fairfield	Regional	6	3	2
Quarries Park	Clifton Hill	Regional	6	3	2
Rushall Recreation Reserve	Fitzroy North	Local	4	2	2
Edinburgh Gardens	Fitzroy North	City Wide	6	3	
KB Reserve	Richmond	City Wide	6	3	
Darling Gardens	Clifton Hill	City Wide	6	2	
Citizens Park	Richmond	Neighbourhood	6	2	
Burnley Park	Richmond	City Wide	4	2	
Allen Bain Reserve	Richmond	Neighbourhood	4	2	
Alphington Park	Alphington	Neighbourhood	4	2	
Atherton Gardens	Fitzroy	Neighbourhood	4	2	
George Knott Reserve	Clifton Hill	Regional	4	2	
Mayors Park	Clifton Hill	City Wide	4		
O'Connell Reserve	Richmond	Local	4		
Smith Reserve	Fitzroy	Local	4		
Gahan's Reserve	Abbotsford	Neighbourhood	4		
Hardy Gallagher	Carlton Nth	Neighbourhood	4		
Mc Conchie Reserve	Richmond	Neighbourhood	4		
Dights Falls	Abbotsford	Regional	4		
Halls Reserve	Clifton Hill	Regional	4		
Loys Paddock	Richmond	Regional	4		
Victoria Park	Abbotsford	City Wide			2